GROW THE GAME:
BUILDING ATHLETES, LEADERS AND AMBASSADORS
EHF GRASSROOTS CONVENTION 2026

22–23 JANUARY
MALMÖ / SWEDEN

SPEAKERS

VIRAN MORROS // JESPER BENCKE // JENNIE LINNÉLL // VANESSA PATUCCA–BOURGEAIS // DÁVID BIRÓ

FILIPE DUQUE // ROBERT NOVOTNY // ANNA WÅHLIN // TANJA ŠARENAC // KATRINE LUNDE

LJUBOMIR VRANJES // HARRIET BARKER // ANDREAS KRONBORG // RICARDO CLARIJS // ANDREA LEKIĆ

TOPICS

GRASSROOTS

KINDERGARTEN HANDBALL: A SOCIETAL ASSET // VANESSA PATUCCA–BOURGEAIS

Learn more about how kindergarten handball sparks learning, inclusion & bonding - turning play into a powerful tool for the growth of kids under 6.

STEP UP YOUR GAME: VOLUNTEER MANAGEMENT // DÁVID BIRÓ

Explore how Sport-Önként drives volunteering projects in handball - engaging communities & celebrating the vital role of dedicated volunteers at every event.

MENTAL HEALTH

I–PROTECT GO: AN APPLICATION TO INCORPORATE SPORT PSYCHOLOGY AND MEDICINE IN SWEDISH HANDBALL // JENNIE LINNÉLL

Discover I-Protect GO-Swedish handball's new app uniting injury prevention, performance & well-being through smart, sustainable training.

INJURY PREVENTION

KEEPING OUR PLAYERS HEALTHY: INTRODUCING THE NEW EHF INJURY PREVENTION MANUAL // JESPER BENCKE

Uncover the new EHF Injury Prevention manual - key insights & practical tips to turn science-backed exercises into real-world impact to define the next level of the game.

THE ROLE OF LONG–TERM ATHLETIC DEVELOPMENT IN BUILDING PLAYERS AND SUPPORTING GRASSROOTS // ROBERT NOVOTNY

Explore Long-Term Athletic Development in pro hockey with NHL & IIHF insights - covering bio-banding, transitions & keys to lasting athlete success.

ACADEMIES

FROM PAPENDAL ACADEMY TO INTERNATIONAL TOP LEVEL // RICARDO CLARIJS

Delve into elite talent development with insights from Papendal Academy - covering technical, tactical & mental preparation to compete at the international top level.

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- SPECIAL GUESTS FROM OTHER SPORTS •
- GRASSROOTS BEST PRACTICES FROM EUROPE •