

## **Beach**

For the very first time you will find two clips on Beach handball this year. One of them is called "The Start" and gives a brief overview of the basic requirements in terms of equipment and the basic rules that you will need when you plan to implement the game.

The second one – "Rule Changes 2010"- lists the most important rule changes of this year and shows the effect and the application.

The focus is put on the substitution area changes and on the consequences for the play of the goalkeeper.